



# British Aikido Board

The Governing Body for Aikido in the U.K.

Recognised by Sport England as the only UK Aikido Governing Body

**Name:** .....

**Address:** .....

.....

.....

**Post Code:** .....

**Tel No:** .....

**Your Home Zone:**

(see map below)

**Association:** .....

**Grade + Grade Date:** .....

**Date of Birth:** .....

**Current BAB Ins No:** .....

**Young People**

The minimum course criteria are  
1<sup>st</sup> Kyu and a minimum of 18 years old.  
to be approved by your Principal or CLO

**Automatic Coaching course notification using your email address**

Email me at [coachingadmin@bab.org.uk](mailto:coachingadmin@bab.org.uk) adding 'Coaching Application' in the subject section of the email.  
Add your name and association in the body of the email.

**Associations Authorisation**

You require the permission of your association to attend a coaching course.  
Your Association's Head (Principal Coach) or your Coaching Liaison Officer (CLO) **must** sign below.  
You must have current BAB approved Insurance to attend a BAB course

**Signed:** ..... **Dated:** .....

**Please print name:** ..... **Association Position:** .....

**Return this form to:**  
**Mr Grev Cooke, 13 Margaret Ave, Bedworth, Warks. CV12 8EH**  
I will contact you when a course is available in your area.  
Indicate on the map the areas you are prepared to travel for a course

	3 = Bedfordshire	7 = Greater Manchester	1 = Somerset
	2 = Berkshire	2 = Hampshire	12 = Southern Ireland
	1 = Bristol	5 = Hereford and Worcester	5 = Staffordshire
	3 = Buckinghamshire	3 = Hertfordshire	6 = Suffolk
	6 = Cambridgeshire	3 = Kent	3 = Surrey
	7 = Cheshire	7 = Lancashire	3 = Sussex
	1 = Cornwall	5 = Leicestershire	9 = Tyne and Wear
	9 = Cumbria	8 = Lincolnshire	4 = Wales
	7 = Derbyshire (N)	7 = Merseyside	5 = Warwickshire
	5 = Derbyshire (S)	6 = Norfolk	5 = West Midlands
	1 = Devon	5 = Northamptonshire	2 = Wiltshire
	2 = Dorset	11 = Northern Ireland	5 = Worcester
	9 = Durham	5 = Nottinghamshire	8 = Yorkshire North (E)
	6 = Essex (N)	5 = Oxfordshire	7 = Yorkshire North (W)
3 = Essex (S)	6 = Rutland	8 = Yorkshire South	
5 = Gloucestershire	10 = Scotland	7 = Yorkshire West	
3 = Greater London	5 = Shropshire		